

Every Day Carry Checklist

TRUEPREPPER

For more information visit:

<https://www.trueprepper.com/kits/every-day-carry/>

Minimum Requirements

Suggested Additions

Consider Adding

Every Day Clothing

- Work Gloves
- Socks
- Shirt
- Underwear
- Pants
- Hat
- Bandana
- Boots/Shoes

- Belt
- Jacket
- Poncho
- Sunglasses
- Scarf/Shamagh
- Compressed Towels
- Handwarmers

Fire/Light

- Lighter
- EDC Flashlight
- EDC Magnifying Glass
- Ferro Rod
- Tinder/Fatwood
- Waterproof Matches

Documents/Navigation

- Rainproof Pen
- Rainproof Paper
- ID
- GPS Watch
- USB Drive
- Fishing/Hunting License
- Compass
- Local Maps
- Ranger Beads
- Playing Cards

Communication

- Cell Phone
- Cell Phone Charger
- Survival Mirror
- Power Bank
- Whistle
- HAM Radio
- CB Radio

Water

- Steel Water Bottle
- Purification Tablets
- Water Filter
- Water (3L+)

Food

- Protein Bars
- Emergency Ration Bars
- Camp Utensils
- Field Can Opener
- EDC Fishing Kit
- Beef Jerky
- Condiments
- Multi-Vitamins

Hygiene/First Aid

- Mini First Aid Kit
- Prescription Medication
- Feminine Supplies
- Sun Screen
- Bug Spray
- Hand Sanitizer
- Floss
- Toothbrush
- Toothpaste
- Moist Wipes

Safety

- Folding Knife
- CCW Handgun (if trained)
- Ammunition
- Pepper Spray
- Pocket Sharpener
- Ammo Pouch
- Handcuff Key

Miscellaneous

- Keys
- Wallet
- Cash Stash
- EDC Multitool
- EDC Backpack
- Batteries
- Sewing Kit
- Paracord
- Carabiner
- Duct Tape
- Zip Ties
- Pocket WD-40
- Garbage Bags
- EDC Pouch
- Super Glue
- Pencil Sharpener

EDC

